

2012 Big 8 Conference Championships - 4/24/2012 to 4/27/2012**American River College****Conference - Records**

1	Women 3000 Meter Steeplechase	12:08.2h	2011	Courtney Anderson - American River College
2	Men 3000 Meter Steeplechase	9:33.75	2007	Aaron James - American River College
3	Women 4x100 Meter Relay	46.44	2010	- Sacramento City College Spriggs, Tinsley, Samson, Jenkins
4	Men 4x100 Meter Relay	40.39	2012	- American River College Lee, Hightower, Finney, Batson
5	Women 1500 Meter Run	4:40.0h	1982	Jeanette Powless - American River College
6	Men 1500 Meter Run	3:58.75	2009	Anthony Mallory - Modesto Junior College
7	Women 100 Meter Hurdles	14.00	2007	Fauun Davis - American River College
8	Men 110 Meter Hurdles	14.04	2010	Ray Stewart - Merritt College
9	Women 400 Meter Dash	56.19	2010	Ashley Harrison - American River College
10	Men 400 Meter Dash	46.38	1996	Corey Nelson - Santa Rosa JC
11	Women 100 Meter Dash	11.85	2009	Angelica Earls - American River College
12	Men 100 Meter Dash	10.23	2012	Diondre Batson - American River College
13	Women 800 Meter Run	2:15.04	1994	Veronica Storvik - College of Marin
14	Men 800 Meter Run	1:49.44	2012	Matt Airola - American River College
15	Women 400 Meter Hurdles	1:01.82	2012	Alexandria Whitmore - Sacramento City College
16	Men 400 Meter Hurdles	51.46	1997	Adrian Fox - Diablo Valley College
17	Women 200 Meter Dash	24.04	1997	Trinity Davis - Merritt College
18	Men 200 Meter Dash	20.64	2012	Diondre Batson - American River College
19	Women 5000 Meter Run	18:21.04	1985	Stacy McAfee - Sierra College
20	Men 5000 Meter Run	15:27.43	2010	Ronnie Bruce - Modesto Junior College
21	Women 4x400 Meter Relay	3:49.39	2007	- American River College Callahan, Jones, Barthson, Hibbert
22	Men 4x400 Meter Relay	3:11.63	2010	- Sacramento City College Broughton, Bender, Dawson, Adams
23	Women High Jump	5-09.00	2010	Susan Jackson - Sacramento City College
24	Men High Jump	7-00.50	2010	Fletcher Carlyle - Sacramento City College
25	Women Pole Vault	11-07.25	2011	Ferrin Petersen - Sacramento City College
26	Men Pole Vault	16-00.00	2009	Jeff Lewis - Sacramento City College
27	Women Long Jump	19-05.50	1999	Jacquilla Lewis - Sacramento City College
28	Men Long Jump	25-08.00	2011	Bracin Walker - American River College
29	Women Triple Jump	38-11.50	1992	Karen Shields - Contra Costa College
30	Men Triple Jump	50-09.50	1994	Jason Sargent - Merritt College
31	Women Discus Throw	141-04	2002	Tia DeSoto - Santa Rosa JC
32	Men Discus Throw	174-09	2011	Aaron Tombleson - Sacramento City College
33	Women Hammer Throw	180-06	2004	Sara Clinkenbeard - Sacramento City College
34	Men Hammer Throw	192-01	2002	John Newell - Sacramento City College
35	Women Javelin Throw	140-04	2005	Elizabeth Parsley - Sacramento City College
36	Men Javelin Throw	197-04	2012	Logan Connors - Diablo Valley College
37	Women Shot Put	47-02.75	2004	Sara Clinkenbeard - Sacramento City College
38	Men Shot Put	57-00.00	2009	Russell Price - Modesto Junior College
39	Women 10000 Meter Run	37:01.1h	1998	Jen Schindler - American River College
40	Men 10000 Meter Run	31:23.5h	2002	Joe Kaufman - Sierra College