

BIG 8

CONFERENCE

END OF THE YEAR REPORT

SPORT: Men's Track YEAR: 2013

SUBMITTED BY: Rick Anderson DATE: 10/11/2013

CONFERENCE CHAMPION: American River

FINAL CONFERENCE STANDINGS: See attached

ALL BIG 8 CONFERENCE TEAMS: (include at least the following)

Name Year Position School

Top 2 in each event – see attached individual event forms

MOST VALUABLE PLAYER:

Track (Men)

Kemarley Brown - Merritt College

100m - 1st Place

200m - 1st Place

4 x 100 - 1st Place

Luis Luna - American River College

800m - 1st Place

1500m - 1st Place

Field (Men)

Jesse White - Sacramento City College

400m - 1st Place

200m - 2nd Place

Markus Sanders - Modesto Junior College

Discus - 1st Place

Hammer - 2nd Place

COACH OF THE YEAR: Rick Anderson - ARC

ALL BIG 8 ACADEMIC TEAM:

Name

GPA

School

OTHER PERTINENT INFORMATION: (including ejected participants, all region or state – if known, etc.)

ARC won NorCal. MJC and SCC went 5th and 6th. Delta was 11th. Santa Rosa took 17th.

ARC took 4th at State. MJC was 7th. SCC was 15th. SRJC and Delta were 31st and 36th.

2013 Big 8 Conference Championships

Date: 04/23-04/26/13 Venue: Sacramento - Sacramento, CA

Men's Results

Women's Results

Men's Scoring

Women's Scoring

Men's Events**Women's Events**

Compiled

Compiled

100m Dash

100m Dash

200m Dash

200m Dash

400m Dash

400m Dash

800m Run

800m Run

1500m Run

1500m Run

5000m Run

5000m Run

10000m Run

10000m Run

110m Hurdles

100m Hurdles

400m Hurdles

400m Hurdles

3000m Steeplechase

3000m Steeplechase

4 x 100m Relay

4 x 100m Relay

4 x 400m Relay

4 x 400m Relay

High Jump

High Jump

Pole Vault

Pole Vault

Long Jump

Long Jump

Triple Jump

Triple Jump

Shot Put

Shot Put

Discus Throw

Discus Throw

Hammer Throw

Hammer Throw

Javelin Throw

Javelin Throw

Rank**Team Name****Score****Rank****Team Name****Score**

1

American River

220

1

Modesto

199

2

Sacramento

153

2

American River

185

3

Modesto

145

3

Sacramento

176

4

San Joaquin Delta

126

4

San Joaquin Delta

71

5

Merritt

63

5

Santa Rosa

66

6

Santa Rosa

51

6

Diablo Valley

54

7

Diablo Valley

9

7

Merritt

19

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3 Big 8 Conference Championships

Date: 04/23-04/26/13 Venue: Sacramento - Sacram

1's Compiled Results

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [5000](#) | [10000](#) | [110H](#) | [400H](#) | [3000S](#) | [4x1](#) | [4x4](#) | [HJ](#) | [PV](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)

100m Dash

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	Brown, Kemarley	FR	Merritt	10.55	10
2	2	Adorno, Eric	FR	Modesto	10.82	8
3	3	Orr, Rajee	FR	Merritt	10.86	6
4	4	Finney, Walter	SO	American River	10.91	5
5	5	Derilo, Gabe	FR	American River	10.98	4
6	6	Simms, Shaw n	FR	American River	11.01	3
7	7	Dunn, Jason	SO	Sacramento	11.09	2
8	8	Craig, Deshaw n	FR	Modesto	11.21	1
9	9	Vickers, Sharod	SO	San Joaquin Delta	11.83	-

Preliminaries: Heat #1 **↑ UP**

	Overall	Name	Year	Team	Time	Score
1	1	Brown, Kemarley	FR	Merritt	10.82	
2	12	Mosely, Martin	FR	American River	11.19	
3	13	Mendoza, Quentin	FR	Santa Rosa	11.26	
4	15	Johnson, Nicholas	FR	Diablo Valley	11.33	
5	17	Davis, Ben	SO	Merritt	11.38	
6	22	James, Keith	FR	Santa Rosa	11.88	
7		Lewis, Nick	SO	Sacramento	NT	

Preliminaries: Heat #2 **↑ UP**

	Overall	Name	Year	Team	Time	Score
1	2	Orr, Rajee	FR	Merritt	10.85	
2	4	Finney, Walter	SO	American River	10.86	
3	6	Dunn, Jason	SO	Sacramento	10.98	
4	6	Craig, Deshaw n	FR	Modesto	10.98	
5	9	Derilo, Gabe	FR	American River	11.03	
6	10	Woffard, Theo	FR	San Joaquin Delta	11.11	
7	18	Blackwell, Darius	FR	Sacramento	11.46	
8	21	Valencia, Wilber	FR	Santa Rosa	11.81	
9	23	Tueros, Carlo Andre	FR	Marin	12.29	

Preliminaries: Heat #3 **↑ UP**

	Overall	Name	Year	Team	Time	Score
1	3	Vickers, Sharod	SO	San Joaquin Delta	10.87	

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DirectAthletics

2	5	Adorno, Eric	FR	Modesto	10.90
3	6	Simms, Shaw n	FR	American River	10.98
4	11	East, Matthew	FR	Modesto	11.14
5	14	Sw ayne, Latrelle	FR	American River	11.29
6	16	Torrence, Nick	FR	American River	11.37
7	19	Jacobs, Tom	FR	Merritt	11.53
8	20	Donnell, Joseph	SO	Sacramento	11.61

200m Dash

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	Brow n, Kemarley	FR	Merritt	20.96	10
2	2	White, Jesse	SO	Sacramento	21.11	8
3	3	Orr, Rajee	FR	Merritt	21.32	6
4	4	Muhammad, Akim	SO	Modesto	21.68	5
5	5	Lew is, Nick	SO	Sacramento	21.77	4
6	6	Hunter, Nyheim	SO	Sacramento	21.78	3
7	7	Finney, Walter	SO	American River	21.83	2
8	8	Simms, Shaw n	FR	American River	21.88	1
9	9	Adorno, Eric	FR	Modesto	21.99	-

Preliminaries: Heat #1 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	3	Brow n, Kemarley	FR	Merritt	21.90	
2	6	Simms, Shaw n	FR	American River	22.16	
3	10	Vickers, Sharod	SO	San Joaquin Delta	22.32	
4	15	Edington, Alonzo	SO	American River	22.59	
5	17	East, Matthew	FR	Modesto	22.65	
6	25	Jacobs, Tom	FR	Merritt	23.12	

Preliminaries: Heat #2 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	1	Orr, Rajee	FR	Merritt	21.58	
2	5	Hunter, Nyheim	SO	Sacramento	21.94	
3	7	Finney, Walter	SO	American River	22.17	
4	11	Dobbins, K'Hari	FR	San Joaquin Delta	22.36	
5	24	Johnson, Nicholas	FR	Diablo Valley	23.08	
6	26	Valencia, Wilber	FR	Santa Rosa	23.77	

Preliminaries: Heat #3 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	2	White, Jesse	SO	Sacramento	21.85	
2	8	Muhammad, Akim	SO	Modesto	22.26	
3	13	Nunez, Bryan	FR	Santa Rosa	22.46	
4	14	Craig, Deshaw n	FR	Modesto	22.58	
5	19	Adams, Brandon	FR	San Joaquin Delta	22.97	
6	21	Turner, Jerry	SO	Sacramento	23.00	
7	27	Galvez Hernandez. Jose Norman	FR	Marin	24.98	

Preliminaries: Heat #4 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	4	Lewis, Nick	SO	Sacramento	22.18	
2	9	Adorno, Eric	FR	Modesto	22.31	
3	12	Derilo, Gabe	FR	American River	22.44	
4	16	Thayer, Stephen	SO	Modesto	22.60	
5	18	Briggs, Tevin	FR	Sacramento	22.76	
6	19	Torrence, Nick	FR	American River	22.97	
7	22	Woffard, Theo	FR	San Joaquin Delta	23.01	
8	22	Mosely, Martin	FR	American River	23.01	

400m Dash

Finals:

	Overall	Name	Year	Team	Time	Score
1	1	White, Jesse	SO	Sacramento	47.55	10
2	2	Muhammad, Akim	SO	Modesto	48.38	8
3	3	Andri, Kenny	SO	American River	48.40	6
4	4	Floyd, Ronnie	SO	Sacramento	48.48	5
5	5	Hunter, Nyheim	SO	Sacramento	48.77	4
6	6	Dobbins, K'Hari	FR	San Joaquin Delta	49.49	3
7	7	Briggs, Tevin	FR	Sacramento	49.64	2
8	8	Nunez, Bryan	FR	Santa Rosa	49.65	1
9	9	Stuart, Jaw aun	SO	Sacramento	50.90	-

Preliminaries: Heat #1 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	1	White, Jesse	SO	Sacramento	47.74	
2	4	Andri, Kenny	SO	American River	48.76	
3	7	Nunez, Bryan	FR	Santa Rosa	49.38	
4	8	Briggs, Tevin	FR	Sacramento	49.69	
5	9	Stuart, Jaw aun	SO	Sacramento	49.89	
6	17	Jones, JaraJavin	SO	San Joaquin Delta	51.90	
7	20	Nguyen, Anthony	SO	Diablo Valley	52.86	

Preliminaries: Heat #2 **↑UP**

	Overall	Name	Year	Team	Time	Score
1	3	Floyd, Ronnie	SO	Sacramento	49.34	
2	10	Kuoh Essombe, Christopher	FR	Diablo Valley	50.05	
3	11	Ellis, Dajaughn	FR	Sacramento	50.34	
4	13	Adams, Brandon	FR	San Joaquin Delta	50.68	
5	16	Edington, Alonzo	SO	American River	51.79	
6	21	Williams, Jaelin	FR	Sacramento	53.19	
7	22	Galvez Hernandez, Jose Norman	FR	Marin	55.07	

Preliminaries: Heat #3 **↑UP**

	Overall	Name	Year	Team	Time	Score
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DirectAthletics

1	2	Muhammad, Akim	SO	Modesto	48.43
2	5	Dobbins, K'Hari	FR	San Joaquin Delta	49.00
3	6	Hunter, Nyheim	SO	Sacramento	49.34
4	12	Turner, Jerry	SO	Sacramento	50.64
5	14	Darr, Jeremy	FR	American River	50.99
6	15	Hunte, Andrew	SO	Merritt	51.13
7	18	Etienne, Jackson	FR	Santa Rosa	52.06
8	18	Veliz, Roger	FR	Modesto	52.06

800m Run

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	Luna, Luis	FR	American River	1:56.11	10
2	2	Lozancich, Matt	SO	American River	1:56.20	8
3	3	Holman, Brennan	SO	American River	1:56.57	6
4	4	Huston, Jacob	SO	American River	1:56.66	5
5	5	Woodard, Derek	SO	American River	1:56.69	4
6	6	Heyward, Spencer	SO	Sacramento	1:57.53	3
7	7	Nunez, Epi	FR	American River	1:58.88	2
8	8	Hill, Brandon	FR	Sacramento	1:59.52	1
9	9	Theus III, Leo	FR	Merritt	2:00.35	-

Preliminaries: Heat #1 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	3	Nunez, Epi	FR	American River	1:57.22	
2	6	Lozancich, Matt	SO	American River	1:57.59	
3	11	Ogembo, Collins	SO	American River	2:01.75	
4	13	Caston, Dominique	FR	Diablo Valley	2:02.28	
5	15	Valtierra, Ramiro	FR	Modesto	2:04.04	
6	17	Felder, Otis	FR	Diablo Valley	2:05.25	
7	21	Williams, Juan	FR	Modesto	2:10.70	

Preliminaries: Heat #2 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	2	Woodard, Derek	SO	American River	1:56.81	
2	5	Holman, Brennan	SO	American River	1:56.82	
3	7	Heyward, Spencer	SO	Sacramento	1:57.08	
4	10	Melton, Will	SO	American River	2:00.32	
5	16	Stancliff, Luke	SO	American River	2:04.18	
6	18	Gutierrez, Jaime	FR	Santa Rosa	2:05.76	
7	19	Carrillo, Anthony	FR	Diablo Valley	2:07.34	
8	22	Amador, Juan	SO	Santa Rosa	2:18.13	

Preliminaries: Heat #3 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	1	Luna, Luis	FR	American River	1:54.90	

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DirectAthletics

2	4	Huston, Jacob	SO	American River	1:56.71
3	8	Theus III, Leo	FR	Merritt	1:57.60
4	9	Hill, Brandon	FR	Sacramento	1:59.05
5	12	Villa, Alberto	SO	American River	2:01.92
6	14	Tisher, Derrick	FR	San Joaquin Delta	2:03.91
7	20	Rodriguez, Spencer	FR	San Joaquin Delta	2:09.12
8		Winn, Dylan	FR	Diablo Valley	NT

1500m Run

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	Luna, Luis	FR	American River	3:54.89	10
2	2	Melton, Will	SO	American River	3:56.85	8
3	3	Huston, Jacob	SO	American River	3:58.30	6
4	4	Reyes, Will	FR	American River	3:58.49	5
5	5	White, Steven	SO	American River	3:59.65	4
6	6	Nunez, Epi	FR	American River	4:01.95	3
7	7	Winkler, Matt	FR	American River	4:07.42	2
8	8	Stancliff, Luke	SO	American River	4:09.18	1
9	9	Villa, Alberto	SO	American River	4:12.36	-
10	10	Woodard, Derek	SO	American River	4:14.00	-
11	11	Winn, Dylan	FR	Diablo Valley	4:15.67	-
12	12	Archuleta, Frank	SO	American River	4:33.85	-

Preliminaries: Heat #1 **↑ UP**

»	Overall	Name	Year	Team	Time	Score
1	1	Huston, Jacob	SO	American River	4:08.86	
2	3	White, Steven	SO	American River	4:10.62	
3	5	Archuleta, Frank	SO	American River	4:10.91	
4	7	Luna, Luis	FR	American River	4:11.60	
5	9	Nunez, Epi	FR	American River	4:14.33	
6	10	Winkler, Matt	FR	American River	4:14.36	
7	13	Valtierra, Ramiro	FR	Modesto	4:21.88	
8	15	Caston, Dominique	FR	Diablo Valley	4:30.80	
9	16	Carrillo, Anthony	FR	Diablo Valley	4:34.32	
10	19	Al-Nasraw i, Hussein	FR	Diablo Valley	5:03.33	
11	20	Ramirez, Bulmaro	FR	Santa Rosa	5:18.28	

Preliminaries: Heat #2 **↑ UP**

»	Overall	Name	Year	Team	Time	Score
1	2	Reyes, Will	FR	American River	4:10.98	
2	4	Stancliff, Luke	SO	American River	4:14.42	
3	6	Woodard, Derek	SO	American River	4:15.29	
4	8	Villa, Alberto	SO	American River	4:15.84	
5	11	Melton, Will	SO	American River	4:16.25	
6	12	Winn, Dylan	FR	Diablo Valley	4:18.43	
7	14	Hill, Brandon	FR	Sacramento	4:28.64	
8	17	Williams, Juan	FR	Modesto	4:37.98	

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DirectAthletics

9	18	Bojorge-Castro, German	FR	Merritt	4:55.77
10	21	Mendoza, Alexandro	FR	Santa Rosa	5:25.93

5000m Run

Finals:

»	Overall	Name	Year	Team	Time	Score
	1	Reyes, Will	FR	American River	15:04.82	10
	2	Luna, Luis	FR	American River	15:50.34	8
	3	Melton, Will	SO	American River	15:56.39	6
	4	Huston, Jacob	SO	American River	16:04.66	5
	5	Fenn, Jesse	FR	Santa Rosa	16:18.32	4
	6	Lomeli, Thomas	SO	Sacramento	16:36.61	3
	7	Parra, Ricky	FR	American River	16:58.28	2
	8	Ninh, Eric	FR	Sacramento	17:32.18	1
	9	Carr, Kyle	FR	San Joaquin Delta	17:35.66	-
	10	Wedell, Steven	FR	Santa Rosa	19:04.00	-
	11	White, Steven	SO	American River	NT	-
	12	Barker, John	SO	Merritt	NT	-

10000m Run

Finals:

»	Overall	Name	Year	Team	Time	Score
	1	Lomeli, Thomas	SO	Sacramento	33:57.69	10
	2	Fenn, Jesse	FR	Santa Rosa	33:58.00	8
	3	Hopkins, Travers	FR	Sacramento	34:11.90	6
	4	Barker, John	SO	Merritt	34:19.16	5
	5	Garcia, Jaime	SO	San Joaquin Delta	35:30.16	4
	6	Ninh, Eric	FR	Sacramento	35:36.82	3
	7	Carr, Kyle	FR	San Joaquin Delta	37:40.15	2
	8	Nelson-Matsumoto, Travis	FR	San Joaquin Delta	38:24.80	1

110m Hurdles

Finals:

»	Overall	Name	Year	Team	Time	Score
	1	Turner, Travis	FR	San Joaquin Delta	15.06	10
	2	Watson, Kelvin	FR	Sacramento	15.19	8
	3	Mathews, Michael	FR	American River	15.21	6
	4	Hong, Lehong	SO	Modesto	15.49	5
	5	Cosby, Javhon	SO	Merritt	16.28	4
	6	Windley, Anthony	SO	Sacramento	16.31	3
	7	Hazelwood, Corey	FR	San Joaquin Delta	16.74	2
	8	Kaigler, Will	FR	San Joaquin Delta	18.29	1
	9	Stavrianoudakis, Strat	FR	Modesto	19.57	-

Preliminaries: Heat #1 **↑ UP**

»	Overall	Name	Year	Team	Time	Score
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10/11/13

DirectAthletics

1	1	Turner, Travis	FR	San Joaquin Delta	15.31
2	5	Windley, Anthony	SO	Sacramento	16.38
3	7	Stavrianoudakis, Strat	FR	Modesto	16.65
4	8	Kaigler, Will	FR	San Joaquin Delta	16.90
5	11	Bamsey, Ian	FR	American River	18.28
6	12	Farnan, Kevin	FR	Diablo Valley	18.85

Preliminaries: Heat #2 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	2	Mathew s, Michael	FR	American River	15.62	
2	3	Watson, Kelvin	FR	Sacramento	15.79	
3	4	Hong, Lehong	SO	Modesto	16.32	
4	6	Cosby, Javhon	SO	Merritt	16.61	
5	9	Hazelw ood, Corey	FR	San Joaquin Delta	17.36	
6	10	Butler, Brandon	FR	Modesto	18.15	

400m Hurdles

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	Floyd, Ronnie	SO	Sacramento	53.86	10
2	2	Turner, Travis	FR	San Joaquin Delta	55.01	8
3	3	Hong, Lehong	SO	Modesto	55.43	6
4	4	Mathew s, Michael	FR	American River	55.46	5
5	5	Ragland, Diarra	FR	Merritt	56.15	4
6	6	Windley, Anthony	SO	Sacramento	57.34	3
7	7	Watson, Kelvin	FR	Sacramento	57.90	2
8	8	Ellis, Dajaughn	FR	Sacramento	1:03.03	1

Preliminaries: Heat #1 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	1	Floyd, Ronnie	SO	Sacramento	54.49	
2	3	Mathew s, Michael	FR	American River	55.52	
3	4	Turner, Travis	FR	San Joaquin Delta	56.26	
4	5	Hong, Lehong	SO	Modesto	56.71	
5	6	Windley, Anthony	SO	Sacramento	57.57	
6	9	Watson, Kelvin	FR	Sacramento	58.33	
7	10	Hazelw ood, Corey	FR	San Joaquin Delta	59.56	
8	13	Runge, Connor	FR	Santa Rosa	1:01.21	
9	16	Bobby, Bivens	SO	San Joaquin Delta	1:02.03	

Preliminaries: Heat #2 **↑UP**

»	Overall	Name	Year	Team	Time	Score
1	2	Stavrianoudakis, Strat	FR	Modesto	56.09	
2	7	Ragland, Diarra	FR	Merritt	57.72	
3	8	Ellis, Dajaughn	FR	Sacramento	57.90	
4	11	Butler, Brandon	FR	Modesto	1:00.44	
5	12	Farnan, Kevin	FR	Diablo Valley	1:00.45	

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DirectAthletics

6	14	Gulassa, Max	FR	Merritt	1:01.81
7	15	Ellis, Cameron	FR	Diablo Valley	1:01.97
8	17	Boyle, Mitchell	FR	Santa Rosa	1:02.52

3000m Steeplechase

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	Rossi, Nathan	FR	American River	10:07.69	10
2	2	Archuleta, Frank	SO	American River	10:09.36	8
3	3	Naemeh, Hamid	SO	American River	10:21.30	6
4	4	Palmer, Austin	SO	American River	10:28.99	5
5	5	Garcia, Jaime	SO	San Joaquin Delta	10:44.59	4
6	6	Boyle, Mitchell	FR	Santa Rosa	10:45.55	3
7	7	Tisher, Derrick	FR	San Joaquin Delta	11:20.58	2
8	8	Smith, Glenn	SO	San Joaquin Delta	11:32.21	1

s 4 x 100m Relay

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	,		Merritt	41.83	10
2	2	,		Modesto	41.87	8
3	3	,		San Joaquin Delta	42.36	6
4	4	,		Santa Rosa	46.08	5

s 4 x 400m Relay

Finals:

»	Overall	Name	Year	Team	Time	Score
1	1	,		American River	3:18.14	10
2	2	,		San Joaquin Delta	3:19.07	8
3	3	,		Sacramento	3:20.31	6
4	4	,		Modesto	3:21.36	5
5	5	,		Diablo Valley	3:24.72	4
6	6	,		Santa Rosa	3:32.39	3

High Jump

Finals:

»	Overall	Name	Year	Team	Height	Score
1	1	Hernandez, Manuel	FR	Modesto	1.98m	10
2	2	Davis, Tyler	FR	Modesto	1.93m	8
3	3	Egelhoff, Matt	SO	American River	1.93m	6
4	4	Garcia, Jaime	FR	Santa Rosa	1.88m	5
5	5	Mendoza, Quentin	FR	Santa Rosa	1.83m	4
6	6	Windley, Anthony	SO	Sacramento	1.78m	3
7	7	Turner, Travis	FR	San Joaquin Delta	1.78m	2
8	8	Pannu, Aman	SO	San Joaquin Delta	1.73m	1

10/11/13

DirectAthletics

9	9	Evans, Brenden	FR	Modesto	1.73m	-
10	9	Carnes, Ace	FR	American River	1.73m	-

Pole Vault

Finals:

»	Overall	Name	Year	Team	Height	Score
1	1	Manning, Michael	SO	American River	4.49m	10
2	2	Gibson, Devin	FR	American River	4.34m	8
3	3	Wilborn, Chaz	FR	San Joaquin Delta	4.34m	6
4	4	Flanagan, Teddy	FR	American River	4.34m	5
5	5	Hammed-Milligan, David	FR	American River	4.19m	4
6	6	Guerrero, Cameron	SO	Sacramento	4.19m	3
7	7	Dunn, Jason	SO	Sacramento	4.04m	2
8	8	Nava, Alejandro	FR	San Joaquin Delta	4.04m	1
9	9	Pacheco, Rolland	FR	Modesto	3.89m	-
10	10	Dennis, Nikolos	FR	Diablo Valley	3.74m	-
11		Porras, Edward	FR	Modesto	NH	-
12		Dodd, Thomas	FR	Modesto	NH	-
13		Blewett, Jeffrey	FR	Modesto	NH	-
14		Wheeler, Justin	FR	Modesto	NH	-
15		Moreno, Casey	FR	Santa Rosa	NH	-
16		Okumo, Robo	FR	Santa Rosa	NH	-

Long Jump

Finals: Flight #1

»	Overall	Name	Year	Team	Distance	Score
1	9	Dobbins, K'Hari	FR	San Joaquin Delta	6.44m	-
2	10	Nguyen, Anthony	SO	Diablo Valley	6.25m	-
3	11	Jacobs, Tom	FR	Merritt	6.17m	-
4	14	Vickers, Sharod	SO	San Joaquin Delta	6.04m	-
5	15	Turner, Jontel	SO	Sacramento	6.00m	-
6	16	Camposo, Clyndel	FR	Modesto	5.85m	-
7	17	Dennis, Nikolos	FR	Diablo Valley	5.53m	-
8	18	Carter, Leonard	FR	Santa Rosa	4.92m	-
9		Turner, Travis	FR	San Joaquin Delta	ND	-

Finals: Flight #2 **↑ UP**

»	Overall	Name	Year	Team	Distance	Score
1	1	Wright, Tommy	FR	Modesto	7.27m	10
2	2	Lewis, Nick	SO	Sacramento	7.03m	8
3	3	Dunn, Jason	SO	Sacramento	6.93m	6
4	4	Simms, Shawn	FR	American River	6.92m	5
5	5	Kuoh Essombe, Christopher	FR	Diablo Valley	6.64m	4
6	6	Lewis, Michael	SO	San Joaquin Delta	6.60m	3
7	7	Willis, Austin	FR	San Joaquin Delta	6.60m	2
8	8	Pannu, Aman	SO	San Joaquin Delta	6.57m	1
9	12	Guerrero, Cameron	SO	Sacramento	6.16m	-

10/11/13

DirectAthletics

10	13	Swayne, Latrelle	FR	American River	6.15m	-
11		Kaigler, Will	FR	San Joaquin Delta	ND	-

Triple Jump

Finals:

»	Overall	Name	Year	Team	Distance	Score
1	1	Kaigler, Will	FR	San Joaquin Delta	14.68m	10
2	2	Davis, Ben	SO	Merritt	14.05m	8
3	3	Wright, Tommy	FR	Modesto	14.03m	6
4	4	Lewis, Michael	SO	San Joaquin Delta	13.94m	5
5	5	Willis, Austin	FR	San Joaquin Delta	13.93m	4
6	6	Pannu, Aman	SO	San Joaquin Delta	13.29m	3
7	7	Dobbins, K'Hari	FR	San Joaquin Delta	12.84m	2
8	8	Jacobs, Garrett	SO	San Joaquin Delta	12.26m	1
9	9	Frazier, Barry	FR	American River	12.17m	-
10	10	Conde, Alan	FR	Modesto	12.12m	-
11	11	Davis, Tyler	FR	Modesto	12.07m	-
12	12	Dennis, Nikolos	FR	Diablo Valley	11.81m	-
13		Woffard, Theo	FR	San Joaquin Delta	ND	-

Shot Put

Finals: Flight #1

»	Overall	Name	Year	Team	Distance	Score
1	8	Virgin, Bryan	FR	Diablo Valley	13.04m	1
2	12	Long, Lucas	FR	San Joaquin Delta	12.39m	-
3	13	Sanders, Markus	SO	Modesto	12.22m	-
4	14	Dunn, Jason	SO	Sacramento	12.09m	-
5	15	Flores, Ernesto	FR	Modesto	11.72m	-
6	16	Whitemen, Stephen	SO	San Joaquin Delta	11.68m	-
7	17	Frost, Austin	FR	Diablo Valley	11.28m	-
8	18	Bamsey, Ian	FR	American River	10.44m	-

Finals: Flight #2 **↑UP**

»	Overall	Name	Year	Team	Distance	Score
1	1	Randolph, Gary	FR	Santa Rosa	15.45m	10
2	2	Guzman, Aldo	FR	Modesto	14.13m	8
3	3	Lamott, Tyler	SO	Modesto	14.11m	6
4	4	Thomas, Sterling	SO	San Joaquin Delta	13.89m	5
5	5	Castro, Sean	FR	San Joaquin Delta	13.83m	4
6	6	Frazier, Nigel	FR	Sacramento	13.49m	3
7	7	Thompson, Reginald	FR	San Joaquin Delta	13.27m	2
8	9	Lehner, Daniel	FR	American River	12.68m	-
9	10	Siscal, Garrett	FR	Sacramento	12.63m	-
10	11	Camacho, Marco	FR	Modesto	12.53m	-

Discus Throw

Finals: Flight #1

	Overall	Name	Year	Team	Distance	Score
1	9	Castro, Sean	FR	San Joaquin Delta	37.42m	-
2	11	Frazier, Nigel	FR	Sacramento	36.40m	-
3	12	Frost, Austin	FR	Diablo Valley	35.92m	-
4	13	Funk, How ard	FR	Modesto	35.07m	-
5	14	Virgin, Bryan	FR	Diablo Valley	33.82m	-
6	15	Cooper, Andrew	FR	American River	32.59m	-
7		Lewis, Michael	SO	San Joaquin Delta	ND	-
8		Logan, Jason	FR	Marin	ND	-

Finals: Flight #2 **↑UP**

	Overall	Name	Year	Team	Distance	Score
1	1	Sanders, Markus	SO	Modesto	50.75m	10
2	2	Randolph, Gary	FR	Santa Rosa	44.67m	8
3	3	Thomas, Sterling	SO	San Joaquin Delta	43.00m	6
4	4	Guzman, Aldo	FR	Modesto	41.49m	5
5	5	Camacho, Marco	FR	Modesto	41.01m	4
6	6	Lehner, Daniel	FR	American River	40.63m	3
7	7	Lamott, Tyler	SO	Modesto	40.00m	2
8	8	Whitemen, Stephen	SO	San Joaquin Delta	38.62m	1
9	10	Siscal, Garrett	FR	Sacramento	37.01m	-

Hammer Throw

Finals: Flight #1

	Overall	Name	Year	Team	Distance	Score
1	10	Randolph, Gary	FR	Santa Rosa	41.05m	-
2	11	Camacho, Marco	FR	Modesto	39.41m	-
3	12	Frazier, Nigel	FR	Sacramento	37.43m	-
4	13	Lehner, Daniel	FR	American River	37.03m	-
5	14	Flores, Ernesto	FR	Modesto	34.28m	-
6	15	Cooper, Andrew	FR	American River	28.21m	-
7	16	Avolicino, Brian	FR	Diablo Valley	26.50m	-
8		Virgin, Bryan	FR	Diablo Valley	ND	-

Finals: Flight #2 **↑UP**

	Overall	Name	Year	Team	Distance	Score
1	1	Lamott, Tyler	SO	Modesto	57.48m	10
2	2	Sanders, Markus	SO	Modesto	53.61m	8
3	3	Thomas, Sterling	SO	San Joaquin Delta	53.41m	6
4	4	Funk, How ard	FR	Modesto	51.36m	5
5	5	Guzman, Aldo	FR	Modesto	51.35m	4
6	6	Siscal, Garrett	FR	Sacramento	47.93m	3
7	7	Knudsen, Alex	SO	San Joaquin Delta	46.55m	2
8	8	Whitemen, Stephen	SO	San Joaquin Delta	46.44m	1
9	9	Frost, Austin	FR	Diablo Valley	43.80m	-

Javelin Throw

Finals: Flight #1

Rank	Overall	Name	Year	Team	Distance	Score
1	7	Darr, Jeremy	FR	American River	43.73m	2
2	8	Woodard, Derek	SO	American River	41.96m	1
3	9	Windley, Anthony	SO	Sacramento	40.46m	-
4	10	Cook, Daniel	FR	San Joaquin Delta	39.54m	-
5	11	Frost, Austin	FR	Diablo Valley	38.88m	-
6	12	Ashlock, Casey	FR	Modesto	38.79m	-
7	16	Virgin, Bryan	FR	Diablo Valley	36.52m	-
8	18	Modeste, Leo	SO	Diablo Valley	34.62m	-
9	19	Logan, Jason	FR	Marin	31.39m	-

Finals: Flight #2 ↑ UP

Rank	Overall	Name	Year	Team	Distance	Score
1	1	Dunn, Jon	SO	Sacramento	56.57m	10
2	2	Donnell, Joseph	SO	Sacramento	53.08m	8
3	3	Jacobs, Garrett	SO	San Joaquin Delta	51.09m	6
4	4	Dunn, Jason	SO	Sacramento	50.09m	5
5	5	Guerrero, Cameron	SO	Sacramento	46.20m	4
6	6	Hernandez, Armando	FR	Modesto	44.60m	3
7	13	Garcia, Jaime	FR	Santa Rosa	38.30m	-
8	14	Turner, Travis	FR	San Joaquin Delta	38.24m	-
9	15	Bamsey, Ian	FR	American River	37.57m	-
10	17	Lewis, Michael	SO	San Joaquin Delta	36.21m	-
11	20	Cooper, Andrew	FR	American River	31.36m	-

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